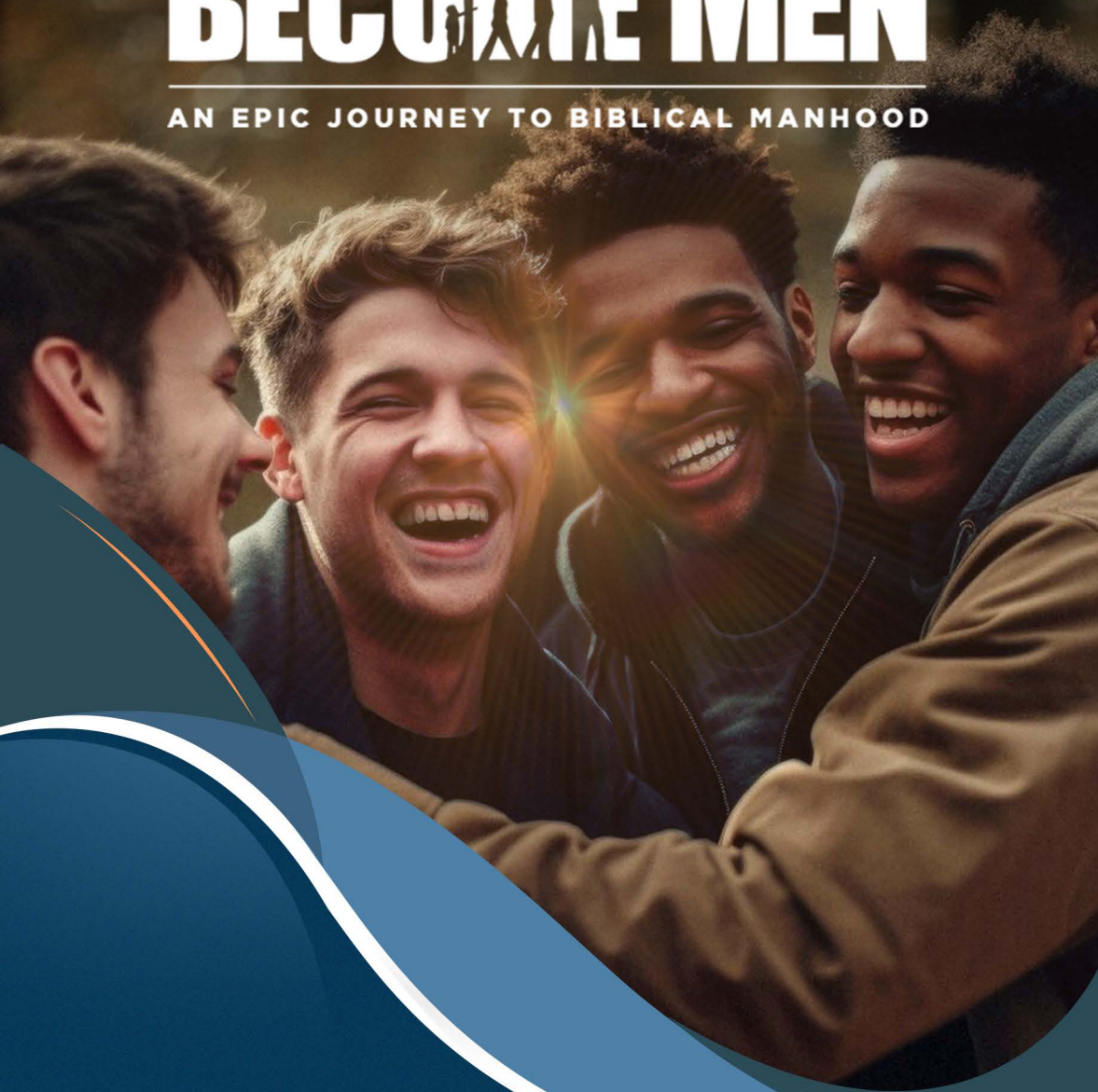


WHEN WE BECOME MEN™

AN EPIC JOURNEY TO BIBLICAL MANHOOD



PARTICIPANT MANUAL



For Use With Video Series

Scott Caesar



VISION TO SEE MEN EVERYWHERE

- ◇ ENCOUNTER **JESUS**
- ◇ ENJOY **BROTHERHOOD**
- ◇ EXPERIENCE **FREEDOM**
- ◇ ENGAGE **MISSION**



MISSION TO

- ◇ Join Jesus on His mission to make disciples—a legacy of love
- ◇ Equip the local church to disciple men, making disciples who make disciples.
- ◇ Provide Biblical content for men—easily accessible and relevant for today's disciple.

A Brief History of MDN

The origins of MDN trace back to the influence of Dr. Edwin Louis Cole, known as the Father of the Men's Movement, and Coach Bill McCarthy, the founder of Promise Keepers. Through their mentorship, Scott Caesar's teachings at local churches and events started to reach and impact thousands of men. Recognizing the profound need for consistent, ongoing discipleship, MDN evolved to provide and help facilitate small group Bible study gatherings where men could encourage and support one another in their spiritual journeys.

- ◇ **MATTHEW 28:19-20**
- ◇ **COLOSSIANS 1:28**
- ◇ **GALATIANS 5:1**





Welcome

"When We Become Men"

What did you think upon seeing the title? Excited for insights into Biblical manhood? Keen on tips for being a better man, father, husband, and friend? Or perhaps eager for guidance on consistent Bible study, prayer, and kindness? Fantastic!

Maybe, more discipline, responsibility, accountability—words that men juggle like hot coals. Ever felt the 'not enoughness' sting? It's the oil-water mix of faith and action, a love-hate tango. Yet, these aren't just heavy words to spiritual maturity; they're good bricks, building the good path to biblical manhood.

But consider this: is focusing on these good things, without prioritizing the best thing, counter productive?

"When a man takes a good thing and makes it a god thing, good things can become bad things." (We call sayings like this Man-nerisms™)

"Ever heard, 'putting the cart before the horse'? It's a classic mix-up we Christian men know too well. Pushing when we should be pulling. Chasing personal power, instead of Christ's powerful presence. It's like rowing against our spiritual current."

We men tend to get so caught up in trying to achieve perfection in discipline, responsibility, and accountability that we forget about prioritizing the power that empowers it.

Fear not though, this study is about the strength every man seeks. It stems from a prayer for more of God's power I myself asked of God years ago. God's answer not only astounded me but inspired this book "When We Become Men". This life-altering truth blessed my life, family, work, and friendships as I pray it will do for you, my brother. This isn't just a Bible study. It's an invitation to redefine manhood through powerful and explosive Christ-like love.

So, welcome, my brother! Let's embark on this journey of spiritual growth. Because when we become men, together we can change the world, one man (Disciple) at a time.

By Christ's power and love,

Scott

WHEN WE BECOME MEN™

AN EPIC JOURNEY TO BIBLICAL MANHOOD



EPISODE 1

THE WORLD'S DEFINITION OF MANHOOD

The Wallet, The Woman, and the Wide World of Sports.

THE BIBLE PLACES GREAT VALUE ON MANHOOD

- ◇ "Brace yourself like a **MAN**." -Job 38:3
- ◇ "Mighty **MAN** of valor." -Judges 6:12
- ◇ "Play the **MAN**." -1 Kings 2:2
- ◇ "Act like **MEN**." -1 Corinthians 16:13-14

"The measure of a man is in the measure of love in the man"

MAN-NERISMS™
BIBLICAL PRINCIPLES FOR MEN

NOTES

KEY SCRIPTURE

When I was a *child*,

- ▶ I spoke like a *child*,
- ▶ I thought like a *child*,
- ▶ I reasoned like a *child*.
- ▶ When I became a **MAN**,
- ▶ I gave up *childish* ways.

- 1 Corinthians 13:11 (ESV)

BIBLICAL IMMATURITY (CHILD) IS DEFINED AS A LOVELESS MAN.

Without Love:

Courage becomes *reckless*,
Achievement becomes *pride*,
Strength becomes *arrogance*,
Leadership becomes *control*.

NOTES

WHEN WE BECOME MEN



A lazy man is not one who does nothing, but one who does only what he wants, when he wants.



Maturity has little to do with age but all to do with the receiving and reflecting of God's love.



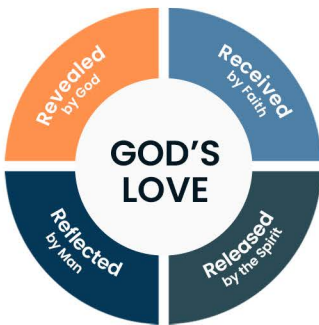
KEY SCRIPTURE

*“Be watchful, stand firm in the faith, **act like men**, be strong. Let all that you do **be done in love.**”*

-1 Corinthians 16:13-14 (ESV)

Individual or Team Question

What was your definition of manhood growing up?



At the heart of **When We Become Men** is how God's love is **revealed, received, released, and reflected**. As you continue your journey to biblical manhood, use this image as your reminder for encountering God's love.

FOLLOW-UP AT HOME

Follow up each episode with Scott Caesar's series designed to reinforce and remember God's love in your life.



Scan QR Follow-up

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mdnteam.com/wwbm-devos/

WHEN WE BECOME MEN™

AN EPIC JOURNEY TO BIBLICAL MANHOOD



EPISODE 2

*“Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God. Anyone who does not love does not know God, **because God is love**”*

-1 John 4:7-8 (ESV)

FAITH FACT

God is Love. Love is God. Love is not only what God does, but who God is.

NOTES

“Christian maturity has little to do with age, but all to do with the receiving and reflecting of God’s love”

MAN-NERISMS™
BIBLICAL PRINCIPLES FOR MEN



KEY SCRIPTURE

Love is patient. → Jesus is patient. Jesus is kind, caring more about us than Himself. Jesus is not rude, but is gracious. He does not control, nor demands His own way. He is never irritable or touchy. Jesus does not hold grudges nor is resentful of others. He sees our sin, but rejoices in the truth of His Word. Jesus bears our silly, by believing, hoping, and enduring all things. Jesus never fails.

-1 Corinthians 13:4-8a (Paraphrased)

WHEN WE BECOME MEN



The bravest moments of a man's life are the ones he chooses to trust God when all else screams not to.



FAITH FACTS

Jesus empowers us to love. Jesus set an example in how a man is to love. Jesus was the fulfillment of God's purpose and design for manhood.

KEY SCRIPTURE

"To this you were called, because Christ suffered for you, leaving you an example, that you should follow in his steps."

-1 Peter 2:21 (NIV)

NOTES

Individual or Team Question

Has your personal understanding of biblical manhood evolved compared to how you may have viewed it previously? In what ways?

FOLLOW-UP AT HOME

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WHEN WE BECOME MEN™

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KEY SCRIPTURE

*“The LORD passed before him and proclaimed, The LORD, the LORD, a God merciful and gracious, slow to anger, and abounding in **steadfast love** and keeping **steadfast love** for thousands.”*

- Exodus 34:5-7a (ESV)

KEY SCRIPTURE

“Come to me with your ears wide open. Listen, and you will find life. I will make an everlasting covenant with you. I will give you all the unfailing love I promised to David. My thoughts are nothing like your thoughts,” says the Lord. ‘And my ways are far beyond anything you could imagine.’”

-Isaiah 55:3,8 (NLT)

NOTES

EPISODE 3

“A man will only know the power of God to the degree he knows the love of God”

“Your love is better than life”
-King David, Psalm 63:3



NOTES

WHEN WE BECOME MEN

CHESED (*kheh'-sed*) | Describing the Indescribable – God’s Love

“There may be no more significant Old Testament description of how God relates to His people than the Hebrew word chesed.”

– R.C. Sproul

ENGLISH WORDS USED TO DESCRIBE **CHESED**

- Steadfast Love
- Enduring Love
- Lovingkindness
- Covenant Love
- Loyal Love
- Divine Love

C.H.E.S.E.D. | Covenant Love

*“**Covenant** is an agreement more binding than any contract yet more loving than any human emotion. It is a stunning blend of law and love, of duty and desire.”*

C. oovenant Love
H. umble Love
E. nduring Love
S. teadfast Love
E. xplosive Love
D. ivine Love

NOTES

Individual or Team Question

What does the phrase “God’s got to love you” make you think and feel?

FOLLOW-UP AT HOME

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WHEN WE BECOME MEN™

AN EPIC JOURNEY TO BIBLICAL MANHOOD



CHESED (*kheh'-sed*)
Describing the Indescribable
- God's Love

C.ovenant Love
H.umble Love
E.nduring Love
S.teadfast Love
E.xplosive Love
D.ivine Love

EPISODE 4

"God's passion to love you is greater than your desire to be loved."

C.H.E.S.E.D. | Humble Love

Humility draws the gaze of God. It attracts. Jesus was a magnet to men. Jesus is *humble*.

KEY SCRIPTURE

"Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

-Matthew 11:29-30 (NIV)

C.H.E.S.E.D. | Enduring Love

*"Give thanks to the LORD, for he is good. His love **endures** forever. Your **"chesed"** endures forever"*

- Psalm 136:1

NOTES

C.H.E.S.E.D. | Steadfast Love

*"The **steadfast love** of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness."*

-Lamentations 3:22-23

WHEN WE BECOME MEN



God's desire to bless you is greater than your desire to be blessed.



C.H.E.S.E.D. | Explosive Love

NOTES

- 2 Timothy **1:7** _____
- 1 John **4:18** _____
- Ephesians **3:16** _____

C.H.E.S.E.D. | Divine Love

NOTES

“My thoughts are nothing like your thoughts,” says the Lord. “And my ways are far beyond anything you could imagine.”

- Isaiah 55:8 (NLT)

“Real love is not our love to God, but His love to us. God sent his Son to be the sacrifice by which our sins are forgiven.”

- 1 John 4:10 (CEV)

Individual or Team Question

Which one description of God's love spoke the most to you?

(Choose one letter from C.H.E.S.E.D.)

FOLLOW-UP AT HOME

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WHEN WE BECOME MEN™

AN EPIC JOURNEY TO BIBLICAL MANHOOD



EPISODE 5

“A man experiences God's love in direct proportion to his willingness to **receive** it.”



REVEALED BY GOD

God's love is revealed through His Son, The Cross, and His Word.

RECEIVED BY FAITH

God's love is received by faith: Agreement and belief in truth.

RELEASED BY SPIRIT

God's love is released into the bloodstream of your soul.

REFLECTED BY MAN

God's love is reflected by man back to God and others.

NOTES

GOD'S LOVE IS **RECEIVED**
BY FAITH IN CHRIST



KEY SCRIPTURE

...that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ.

—Ephesians 3: 16b–19a (ESV)

WHEN WE BECOME MEN

FAITH FACT

“It takes strength to know and **RECEIVE** the love of God.”
“God’s love is not achieved but **RECEIVED.**”

NOTES

RECEIVE Greek: *kata-lambano*

- 01 To take, seize, grasp, comprehend, perceive
- 02 **Lambano**: to bring under one’s control on one’s own initiative, take captive
- 03 To receive a judgment of things to which one has a claim to



A man will only know the power of God to the degree he knows the love of God.



The power of God’s love is not based upon our worthiness, but on our willingness to receive it.



Individual or Team Question

What one thing can you do to start receiving God’s Spirit of love greater?

NOTES

FOLLOW-UP AT HOME
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EPISODE 6

? QUESTION:

What one thing can a man do to deepen his experience of God's love?

NOTES

"No man can be so overcome by fear who is so overwhelmed by love."

GOD'S LOVE IS **RECEIVED** BY FAITH IN CHRIST

FAITH FACTS

"Sonship is the position God has given to you upon your conversion. Your position in God's family is that of a beloved son."

"Men who feel unworthy take themselves out of position to receive God's love."

NOTES

KEY SCRIPTURE

"The Spirit you **received** does not make you slaves, so that you live in fear again; rather, the Spirit you **received** brought about your adoption to sonship. And by him we cry, 'Abba, Father.'"

- Romans 8:15 (NIV)

WHEN WE BECOME MEN

KEY SCRIPTURE

"But to all who did **receive** him, who believed in his name, he gave the right to become children of God."

-John 1:12 ESV

FAITH FACT

"The revelation that you are fiercely loved by your Father God in the same way he loves Jesus will change the way you think and live forever."

NOTES

NOTES



No man can be so overcome by fear who is so overwhelmed by love.



*No man **receives** the love of God without first believing in the God of Love.*



Individual or Team Question

"What is one key insight you gained from this episode regarding positioning yourself to **receive** more of God's love in your life?"

NOTES

FOLLOW-UP AT HOME

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WHEN WE BECOME MEN™

AN EPIC JOURNEY TO BIBLICAL MANHOOD



EPISODE 7

“The Christian man agrees and believes to be free.”

NOTES

KEY SCRIPTURE

“So, we have come to know and to believe the **love** that God has for us. **God is love.**”

– 1 John 4:16a (NASB)

“There is no fear in love, but **perfect love** casts out fear. For fear has to do with punishment, and whoever fears has not been **perfected in love.**”

– 1 John 4:18 (ESV)

GOD’S LOVE

- ⊙ Reassures
- ⊙ Repairs
- ⊙ Reorders
- ⊙ Reduces
- ⊙ Relieves
- ⊙ Redefines
- ⊙ Reveals
- ⊙ Resolves
- ⊙ Replaces



The man who does not know the will of God will not **receive** the love of God.

MAN-NERISMS™
BIBLICAL PRINCIPLES FOR MEN

NOTES

WHEN WE BECOME MEN

FAITH FACT

"God's love is **RELEASED** by the Spirit into the bloodstream of a man's soul."

KEY SCRIPTURE

"Everyone who believes that Jesus is the Christ has been **fathered** by God."

- 1 John 5:1a (NET)

NOTES

Individual or Team Question

"What may be one area in your life that God's fatherly love needs to be released in?"

NOTES

FOLLOW-UP AT HOME

Follow up each episode with Scott Caesar's devotional series designed to reinforce and remember God's love in your everyday life.



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KEY SCRIPTURE

*“For **Christ’s love** compels [controls] us, because we are convinced that one died for all, and therefore all died.”*

– 2 Corinthians 5:14

*“So God created mankind in his own image, in the image of God he created them; **male** and female he created them.”*

– Genesis 1:27

EPISODE 8

“Manhood and **love** are synonymous”

ZAKAR

(zaw-kar’)

The Hebrew word for “male” in Genesis 1:27 is the same word for “remember.”

FAITH FACTS

MAN IS
CREATED TO:

- ✓ REMEMBER God’s love for him.
- ✓ REMIND Others of God’s love for them
- ✓ REFLECT Christ’s image [glory] back to Him and others

NOTES

WHEN WE BECOME MEN



God is love and love is God.



Christ-likeness and manhood are synonymous. i



NOTES

Individual or Team Question

*“What is one thing I can do to fulfill my calling as a man (zakar)?
(Hint: To Remember - Remind - Reflect God’s Love.)*

NOTES

FOLLOW-UP AT HOME

Follow up each episode with Scott Caesar’s devotional series designed to reinforce and remember God’s love in your everyday life.



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Meet Scott Caesar

Scott Caesar is the Founder and Men's Pastor of the Men's Discipleship Network®. He is the author of a number of Men's Curricula and Bible Studies including Strengthening A Man In The Lord: W.E.A.P.O.N.S.® of Warfare and The Mission-Driven Man™, which offer Biblical training on the most crucial truths for men. He is a contributing author to the newly released book, How to Disciple Men.

As a full-time ordained minister, conference speaker, and writer for over 25 years, Scott has a passionate calling to assist men by replacing the lies of "the world" with the truth of Holy Scripture. This is all done in partnership with the local church with over 200,000 men from over 2,500 churches and all denominations being trained through this Team Discipleship System.

Scott's greatest thrill is that God calls him "son" through Jesus Christ, Debbie calls him "hers", and Kimberly, Vincent, and Nicholas call him "Dad". He resides in Massapequa Park, NY.

“ Scott Caesar is the best men's discipleship pastor that I know! Scott's ability to move past the symptoms to the core of a man is unequalled. Re-evaluate Biblical manhood through these lenses!

REV. ADAM DURSO, D.D. NYC Mayor's Clergy Advisory Council

“ Scott is arguably one of the greatest disciples of men in our country. He presented MDN to our Network Presbyters with overwhelming support. MDN & Pastor Scott have changed the spiritual climate in every church they go to.

DR. DUANE DURST, Superintendent, NE Region Executive
Presbyter, General Council, Assemblies of God

“ With decades of experience and authority in teaching men, Caesar provides teaching that is both profoundly prophetic and intensely practical.

DR. MAC PIER Founder, Movement Day - Concerts of Prayer, Greater New York



TEAM ACKNOWLEDGEMENT

For over a quarter of a century, Men's Discipleship Network® has stood alongside the Local Church, a volunteer force in the truest sense. With every season, new humble heroes rise—unsung yet mighty. The individuals named below have been channels of God's grace, offering up this work as their labor of love to you.

Your Brother
Scott Caesar, MEN'S PASTOR MDN
info@MDNTEAM.com

- ✓ Pastor Justin Boothby
- ✓ Coach Stephen Cervera
- ✓ Coach Sunny Eng
- ✓ Mike Rohde

- ✓ Mike and Anne Modica
- ✓ Debbie Caesar
- ✓ Dr. Andrew Sirlin
- ✓ Pastor Garry Patrylo



TEAM FOLLOW-UP FOR MEN

EPISODE DEVOTIONALS

Congratulations on completing STEP 2 in the Team Discipleship process. As you continue on this journey, we want to encourage and equip you with the necessary tools to stay connected with your team and keep growing in your faith. We're excited to introduce the "Episode Devotional" – a powerful follow-up guide designed specifically for men. This devotional, forming STEP 3, is meant to be read after attending each live session. Its purpose is to reinforce and recall the teachings from the corresponding episode. It plays the crucial role in MDN's Team Follow-up process, providing each man with the opportunity to reflect and apply the lessons learned after engaging the teaching video and participating in interactive discussion time with other men.

What can you expect from these episode follow-up devotionals?

Each week begins with a "man-nerism™," a "short biblical principle" designed to set the tone. You'll also receive a brief reading full of inspiration and guidance to help you explore the episode's theme more deeply. Through this intentional follow-up, we're confident you'll be able to stir God's truth within and continue maturing as a Disciple of Christ. Remember, Team Discipleship isn't solely about attending live sessions – it's about integrating what we learn into our daily lives. Together, let's maximize this incredible journey.



“ ”

**THE MEASURE OF A MAN IS IN THE
MEASURE OF LOVE IN THE MAN**

MAN-NERISMS™
BIBLICAL PRINCIPLES FOR MEN

What defines a true man? Our culture often focuses on outward qualities—strength, success, status. But remember, God measures the heart, for “the measure of a man is in the measure of love in the man.” Biblical manhood and a man’s capacity to sacrificially love are synonymous. Let’s listen to a Biblical man—the Apostle Paul. In 1 Corinthians 13:11, Paul contrasts mature manhood with childishness: “When I was a child, I used to speak like a child, think like a child, reason like a child; when I became a man, I did away with childish things.”

If I had to paraphrase this verse, it would sound like this:

- ✓ When I was a child, I made fun of my wife for her weaknesses and fears. When I became a man, I unconditionally loved her by refusing to judge her.
- ✓ When I was a child, I looked to be rewarded for every good deed. When I became a man, the reward was found in every good deed.
- ✓ When I was a child, I got angry over any sin committed against me. When I became a man, I saw the sin within me before the sin against me.

Mature manhood means moving beyond “self” to see others through eyes of grace.

Muscular love is velvet and steel—tender yet tough enough to endure pain, extend mercy, and sacrifice self. It’s love in action, rolled up sleeves, and dirtied hands. It’s listening before speaking, lifting before lecturing, binding the broken hearted.

This kind of love should define our lives and shape our legacy as men. It’s the true measure of masculinity. Not money in our accounts, but people in our hearts. Not trophies on our shelves, but compassion in our souls. Not status and accolades, but the humility and gentleness modeled by our Lord, Savior, Friend and Brother, Jesus Christ.

“The measure of a man is in the measure of love in the man.”

Your Brother,
Scott

Consider this: Identify a time when you acted, thought and reasoned like a child? Reflect on one aspect from boyhood games to the full-contact sport of godly manhood. Finish the following sentence. But when I became a Christian-man, I... (complete the sentence)

Reflect on this question individually or discuss it with your team

“ ”

**CHRISTIAN MATURITY HAS LITTLE TO DO
WITH AGE, BUT ALL TO DO WITH RECEIVING
AND REFLECTING GOD’S LOVE .**

MAN-NERISMS™
BIBLICAL PRINCIPLES FOR MEN

As men, we tend to equate maturity with outward signs – a successful career, financial stability, respect from others. But Scripture calls us to a different standard; one centered on first receiving, and then reflecting God’s love. The Apostle Paul says, “When I became a man, I put the ways of childhood behind me” (1 Corinthians 13:11). The distinction isn’t age, but spiritual maturity marked by “agape” (bold, sacrificial) love. This comes from receiving the unconditional love of your Heavenly Father. We mature by resting in His grace, submitting to His word, and surrendering to His will. Not by human effort.

Reflecting God’s love means laying down selfishness and pride. It’s choosing patience when provoked, offering kindness when wronged, and extending grace when offended. It’s harnessing strength to serve the vulnerable, not to impress the powerful. Only when filled with divine love can we reflect it to others. Why? Because human love is but a grain of sand on a beach compared to God’s love. It is not about being kinder or more generous, but about being the reflection of Christ-likeness. His is a love that overwhelms the intellect.

As husbands, reflecting God’s love is cherishing our wives like Christ does the Church (Ephesians 5:25). As fathers, it’s disciplining in love, not anger (Ephesians 6:4). At work, it’s treating employees with dignity (Colossians 4:1). In all our roles, reflecting God’s love is to be “imitators of God” (Ephesians 5:1). But we cannot fake godly love. It reflects from the Spirit within us, not willpower or guilt. It comes by abiding in Christ, the True Vine (John 15:1-5). Stay connected to Him, men. Draw daily from His example as the most mature and masculine man that ever existed. “Christian maturity has little to do with age, but all to do with the receiving and reflecting God’s love.”

Your Brother,
Scott

**Consider this: How much do you still define manhood with worldly success?
Can manhood and Divine love partner – rowdy, robust, resilient, and
Christ-centered?**

Reflect on this question individually or discuss it with your team



**A MAN WILL ONLY KNOW THE POWER OF GOD
TO THE DEGREE HE KNOWS THE LOVE OF GOD.**



Have you ever felt overwhelmed by life's curveballs, and wished for a larger dose of God's power? You're not alone. We all have those moments. The key lies in understanding this truth: "A man will only know the power of God to the degree he knows the love of God." You might be saying, "I'm in! Sign me up, coach!" But then you wonder, "How can I truly comprehend this profound, out-of-this-world love that God has for me?" Let's attempt to describe the indescribable. We start by visiting a word used over 200 times in the Old Testament. This word for love, referred to by the ancient Hebrews as "chesed," isn't ordinary; it's a Divine love with serious backbone. "Chesed" embodies loyalty, faithfulness, and kindness – it's a steadfast promise written in stone, reflecting the very essence of God's nature.

This type of love, this "chesed," is God's Covenant love. It's a dog-eared, white-knuckle love. A committed love that never fails, never fades, never falters. It's akin to a divine warranty on Heaven's best product. Covenant love is backed by God's loving character and unchanging nature.

Imagine God's covenant love as a warm blanket on a chilly night or an innocent child's embrace. It provides security and a sense of belonging. It's a Christian's confident swagger, knowing that God will never leave or forsake us (Deuteronomy 31:6). We are forever kept and guarded (Psalm 121:7-8), engraved on God's hands (Isaiah 49:16). Such is the depth of His love! Let's allow this truth to seep deep into our hearts today. "A man will only know the power of God to the degree he knows the love of God."

You can trust in this love. Why? Because "God's gotta love you". (I know it sounds strange). When we truly grasp this (Ephesians 3:16-19), we become a force to be reckoned with, living out God's love. So, are you ready to be that force? Then go and "crush it today" for God's powerful love is perfect, permanent, and personal. Let's continue our journey to Christ-like manhood together.

Your Brother,

Scott

Reflect on the depth of God's "chesed" love as discussed in this devotional. Considering your own experiences, how have you seen God's steadfast and unfailing love expressed in your life? How has comprehending His love empowered you in your journey to Christ-like manhood?

Reflect on this question individually or discuss it with your team



GOD'S PASSION TO LOVE YOU IS GREATER THAN YOUR PASSION TO BELOVED

MAN-NERISMS
BIBLICAL PRINCIPLES FOR MEN

Gentlemen, can we talk? About God's love? (Oh no, again Scott?). Yep! We know it's not just any ordinary love, (not like your first girlfriend). But God's love is a steadfast love that runs further than our finite minds can ever imagine. (1 Cor. 2:9, Eph. 3:18-19). Consider this: "God's passion to love you is greater than your passion to be loved." Isn't that amazing? No matter how much we yearn for love, God's desire to love us surpasses it. His love is not conditional or limited. It is infinite and steadfast. It's who He is. (Exodus 34:6-7, Lam. 3:22-23)

Have you ever felt doubtful and confused trying to accept and believe this treasure? Maybe like me at times, you feel like you're just not enough or even undeserving. Brother, God is still eager to pour out His blessings on you. (Romans 5:8). Here's the beautiful truth: "God's desire to bless you is more than your desire to be blessed." (Psalm 84:11, Matthew: 6:33, Proverbs 10:22)

Our journey as disciples of Christ isn't always smooth sailing. We face challenges, and we stumble. But remember this, gentlemen: God's love never fails. It's always enduring, accepting, and affirming us as sons ready to dust us off, and set us back on the right path. Pause for a second and think about this Prodigal Truth: "God's steadfast love does not run from the man who sins, but runs to the son who sins." (Luke 15:20-24 – When God ran!) So, what's our response to this? Does knowing God's passion and desire to love and bless you cause you to scratch your head and ask, "Why am I not experiencing this explosive love? (1 Tim 1:7) If I know this love, why don't I trust Him more? We can't pretend to fully know the answers to those questions, but should press into knowing the One who does. You see, man of God, the more you know this love, the more you will trust this love. The more you trust this love, the more you will trust the Father of Love and His Son. So rise up, embrace this biblical truth, and step up to be the spirit-filled man that God has called you to be. My friend, we do not have to battle for God's love, but do battle from God's love. It has already been given!

Your Brother,
Scott

Reflect on the fact that God's passion to love you is greater than your passion to be loved. How does that change your perspective about your identity as a man? Have there been moments when you doubted this love or felt undeserving?

Reflect on this question individually or discuss it with your team

“ ”

A MAN EXPERIENCES GOD’S LOVE IN DIRECT PROPORTION TO HIS WILLINGNESS TO RECEIVE IT.



Ever wondered why some men seem to experience God’s love more deeply than others? The answer is simple yet profound: “A man experiences God’s love in direct proportion to his willingness to receive it.”

You might be thinking, “Why wouldn’t a man want to receive God’s love? Doesn’t every man desire that?” Well, yes and no. While we all crave love (meaning acceptance, approval and affection), receiving God’s divine love isn’t as straightforward as it seems. It requires a spiritually fit faith, belief, and submission – three things that can be quite intimidating for many of us.

In Ephesians 3:16–19, Paul prays that we may comprehend— or receive— the love of Christ. But this comprehension doesn’t just happen. It comes with strength through faith. We must first agree with it, desire it, believe in it, and then submit to it. Ouch! (Please keep reading 😊) Now, this is where things get tricky for most men. The idea of submitting their life to God can be downright scary. They fear losing control, being directed by God, and ending up in unfamiliar territory. And let’s be honest, guys, the thought of becoming a missionary in some remote jungle isn’t exactly comforting for everyone.

This fear of loss of control is what prevents many from receiving the Spirit of love that God offers. They hesitate to even ask God in prayer. Why? Because they fear giving up just what they might have to surrender. They may even fear being controlled by this love of Christ, as Paul puts it in 2 Corinthians 5:14.

But here’s the thing, guys, This fear is holding us back from experiencing the power, love, and blessing that God wants to give us. (1 Timothy 1:7) When we let go of our desire for control and open ourselves up to receive this love, we then qualify for the power of God to work wonders in our lives.

So, brothers, let’s challenge ourselves to step out of our comfort zones. Let’s train ourselves in godliness (1 Timothy 4:7–8), to surrender our fears, and embrace the love that God offers us freely. Although it may be challenging, the pursuit of this “treasure hidden in a field” as described in Matthew 13:44, is a journey that compels a man to forsake all else. Press on, my friends. You’ve got this!

Love you,
Scott

What one thing may be holding you back from fully receiving God’s love (His acceptance, approval, and affection) and experiencing it more deeply?

Reflect on this question individually or discuss it with your team



GOD'S LOVE IS RECEIVED, NOT ACHIEVED

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BIBLICAL PRINCIPLES FOR MEN

Lately, this truth has been on my mind: "God's love is received, not achieved." It's not some trophy we earn or a prize we win. Instead, His love is a free gift, designed to be received by you and me. I'm not hinting at any human, feel-good, romantic love, but rather a divine eruption of such magnitude that it instantly casts out all fear. (1 John 4:18). As it's said in the man-nersim™ "No man can be so overcome by fear who is so overwhelmed by love."

So, what's a step we can take to tap into more of this power? Let's begin with this simple yet profound step – simply allow God to love you! Slow down. Stop striving so hard to prove your worth to God and yourself. In His eyes, you already are worthy. Unburden yourself from the pressures of evaluating your self-worth based on fluctuating feelings. Rest in this unwavering biblical truth. Receive His love with an open heart, like a baseball catcher poised to receive the ball from the pitcher.

But how do we position ourselves to receive? It's an excellent question. According to Romans 8:15 when we put our faith in Jesus, God adopts us as sons. He gazes upon us and sees His cherished children. So, we don't need to strive for this position – we are to receive and accept it freely. Unfortunately, as men, we often displace our rightful position when we feel undeserving.

Brother, sonship, just like His love, comes freely bundled with our faith in Christ. Take a moment, to agree and rest in this divine truth. Ephesians 1:5 states it plainly: "In love, he predestined us for adoption to sonship through Jesus Christ." Boom! Just like that. Brother, you are loved simply because He is your Father, and Jesus is the beloved (I love that term) Son. "No man receives the love of God without first believing in the God of Love." Jesus Christ!

Embracing the revelation that you are fiercely loved by Father God in the same way He loves Jesus will change the way you think and live forever. So, remember – "God's love is received not achieved" simply because of who He is and who He says you are. Agree and believe to receive this incredible power of supernatural love! (1 Timothy 1:7)

Love you,

Scott

How does accepting ourselves as God's cherished sons empower us to receive more of His love and power?

Reflect on this question individually or discuss this with your team.



**NO MAN WHO IS OVERWHELMED BY LOVE CAN
BE OVERCOME BY FEAR.**

MAN-NERISMS™
BIBLICAL PRINCIPLES FOR MEN

Brother, have you ever had a faithless Christian conversation with yourself that sounds something like this: “If Christ loves and cares for me so much, why do I still struggle with anxiety and fear, often feeling like I’m not enough?”

I certainly have! What made this worse was when I read 1 John 4:18 where it says “There is no fear in love, but perfect love casts out fear.” This scripture triggered my N.E.D. (Not Enough Disease) even more. I felt like a lower-class Christian who could not allow even God’s divine love to penetrate my fears.

I’ll share a personal example. Recently, I felt paralyzed by the fear of man (opinions of others). I had an important project due, but I kept second-guessing myself, anxious about meeting their expectations. I was stuck, allowing faithless thoughts of rejection and failure to invade my mind, while forgetting what God had instructed me to do in His Word.

Eventually, I prayed, “Lord, Your perfect love casts out my fear of failure.” Instantly, I felt the freedom to try, succeed, or even fail. I completed the project joyfully, contented with any outcome.

The Amplified Bible clarifies that “fear brings with it the thought of punishment.” What punishment do we fear? For me, it was the punishment of God judging me for my imperfections, others rejecting me for the same reasons, and worst of all, judging myself. (I tend to beat myself up).

But God’s perfect love is the antidote to this disease. Receiving this Fatherly love is a maturing process, like a seed growing up to be a mighty oak. As we agree with the truth of God’s boundless love, believe in the God of love, and receive the power of His love, we are freed from the fear of not being enough.

What about you – will this help you overcome the seasonal “not enough” struggle in your walk with Christ? Will you allow this love to flow through the very bloodstream of your soul?

His love frees us to live fully – flawed yet fearless – banishing fear of rejection, failure, or punishment. We are enough because His love for us is more than enough!

His perfect love makes imperfect men perfectly secure! Let’s encourage each other as imperfect men perceived as perfect by a perfect Savior. (sorry, I couldn’t help myself)

“No man who is overwhelmed by love can be overcome by fear.” May He overwhelm you!

Your Brother,

Scott

**What biblical truth do you stand on that helps you overcome the
“Not Enough Disease” or some specific fear?**

Reflect on this question individually or discuss it with your team

“ ”

**BIBLICAL MANHOOD IS DEFINED BY MAN'S
EMPOWERED ABILITY TO RECEIVE THEN
REFLECT CHRIST-LIKE LOVE**



My friend and mentor Dr. Edwin Louis Cole once said men are “Male by Birth, Man by Choice”. It is a powerful statement that focuses on the idea that manhood being something that is earned and chosen.

Yet, for the Christian man we must start with “male by birth” and God’s primary purpose, He created man for as is revealed in the pages of Genesis. Moses wrote, “God created them male and female”.

“We uncover a timeless truth nestled within the Hebrew word “Zakar,” which translates to ‘male.’” It goes beyond a mere gender label. It’s a Divine word that like a GPS roadmap reveals our created purpose in this life as defined by God Himself. “In the Old Testament, the word “Zakar” signifies “to remember.” Here, it isn’t just about recalling any memory; it’s about remembering God’s loving nature, intricately woven into the very fabric of our existence.” It’s a call to reminisce on the Father God’s overwhelming love that created and molded us. And more than that, it’s beckoning to remind others of this divine affection by reflecting on it. The Zakar (male) doesn’t stop at remembrance; it extends to a memorial celebration. Just as a servant (the Zakar) built memorials marking the footsteps of an ancient King, we, as men (males), are called upon to construct breadcrumbs of love memorials wherever our King, Jesus, has tread.” It’s a divine craftsmanship, sculpting reminders of God’s love in the hearts of those around us.

When a man answers this call, his life explodes with meaning. Suddenly everything makes sense, and you feel this unstoppable passion. Why? Because “passion is the emotion of purpose.” And when we uncover our purpose in life, it ignites a spark that fuels a life full of meaning and direction. We here at MDN call this guy a “Mission-Driven Man”.

This call is not just every male’s divinely designed duty; it’s the very essence of a purposeful life. The Christian man who forgets this is in grave danger, not in danger of losing his life, but in danger of wasting his life. So, let us, as men (males), embrace our role as Zakar— remembering and reminding others of God’s inexhaustible love. “Biblical Manhood is defined by man’s empowered ability to receive then reflect Christ-like love”

Brothers, this is it! This is “When We Become Men”!

May this overwhelm your mind and
overflow out of your Heart!

Your brother,

Scott

What does it mean to embrace our role as Zakar (Man). How can we reflect Christ-like love in our daily lives to family, friends, and co-workers?

Reflect on this question individually or discuss it with your team

A Daily Covenant Prayer

Father God,

Oh how You love me. You knew me even before the foundation of the world was laid.

You **reveal** Yourself as the night time whisperer, the brow-brushing God, waiting each morning to drench me in Your love — **C.H.E.S.E.D.**

You've tied Yourself to me with an unbreakable **Covenant love**. It's who You are, You can't help but love. You stand by Your New **Covenant**, promised to love me, **"By Faith In Christ"**.

Now, I **receive** Your love. This love that is like Jesus— a meek and **Humble love** I step into Your unforced rhythms of grace, effortlessly and fully. This gentle love makes me great. (Psalm 18:35)

Lord, my faults don't sway Your Presence. Your inexhaustible **Love Endures** forever. (Psalm 136) Because at the Cross, Jesus embraced forsakenness so You would never forsake me.

I trust in Your love; it's as reliable as sunrise. A **Steadfast Love, released**, like a hound on the hunt It never quits, like a loyal friend, — strong and sacrificial.

Who am I, Lord, that I'm on Your mind non-stop? (Psalm 8:4) Sealed by Your Spirit, my heart's ablaze. Your **Explosive Love** clears my past, fills today with joy, This powerful, perfect Love, acts as fear's bouncer and worry's evictor.

Your **Divine love** baffles logic, making sense only through Jesus' Gospel. You did not save Him, so we could be saved. Your ways, Your thoughts, this love is sky-high above ours.

Father, I am grateful and full of love for You. You shine Your love on my soul enabling me to **reflect** it back to Christ and those around me. In Jesus' Name.

Your Son _____

(write your name here)

Choose Your Next Adventure



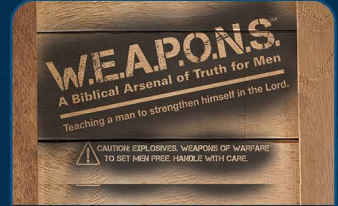
The Man God Blesses

What man doesn't want to receive God's blessings? This study teaches men the 5 Benefits of Christ-like men, and shows them how to realize these blessings in their life.



The Mission-Driven Man

The Mission-Driven Man is a high-impact 8 episode training designed to set men free and teach them how to live free.

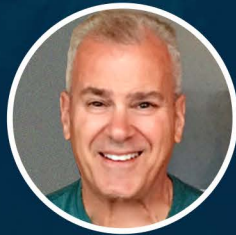


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Scott Caesar

Author and Men's Pastor



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