

S.E.A.L. TEAM™

A BAND OF BROTHERS

With Scott Caesar, Men's Pastor

**Brotherhood takes a man
to a place he will not go
on his own.**



INTRODUCTION

Engaging Godly Friendships

Welcome to S.E.A.L. Team™, A Band of Brothers. I am thrilled you have chosen to spend time with us through this series. I pray you allow this 4 Episode Video Bible Study to change your life. Change my life? Yes, because every time your relationship with Almighty God grows, you grow, and the reward is becoming a Biblical man. You are then changed forever. That's what S.E.A.L. Team does for a man. It helps him build and grow the three most important relationships in his life. The first is with God through Jesus Christ. The second is with his family, and lastly, in what we find to be the weakest link in men's relationships, with his friends and brothers.

The Bible frequently mentions how vital friendship is to our freedom, and how rewarding it can be in our lives. Why then are Christian men, generally speaking, not more intentional in this pursuit? The writer of Proverbs affirms this tendency and offers a warning, saying, "Whoever isolates himself seeks his own desire; he breaks out against all sound judgment." (Proverbs 18:1) Did you get that? Isolation leads to an unhealthy mind; one that likely will make wrong decisions. It's an epidemic that starts with isolation, then progresses to the social disease called loneliness, for a lonely man is not one who does not know anybody, but one who nobody knows. My friend, men are as sick as their secrets and as healthy as the friendships they build and sustain.

Our goal in this Bible study is to uncover the value of godly friendship and to provide a simple blueprint to intentionally pursue it. This four episode study is an excerpt of the curriculum by Men's Pastor Scott Caesar entitled "The Mission-Driven Man - Set Free to Live Free" which is designed for Men's ministries, small groups, or just 2 or 3 men who want to get serious in their walk with Jesus Christ. We encourage you to check it out at: <https://mensdiscipleshipnetwork.com/mission-driven-man/>



EPISODE 1

S.E.A.L. TEAM™ A BAND OF BROTHERS

With Scott Caesar, Men's Pastor

THE VIDEO BIBLE STUDY

□ STEP 1: WATCH



👉 Click on the video link below to watch the video for this episode.

<https://www.youtube.com/watch?v=xkyv3YwHkAQ>



□ STEP 2: READ

Pray and ask the Holy Spirit to reveal to you the things He wants you to see from the Bible verses below. Read the verses and write two words from each passage that come to mind.

Mark 2:1-11 _____
Proverbs 18:1 _____
1 Samuel 23:16-18 _____



□ STEP 3: REFLECT AND DISCUSS

01

Read the
quotes below

02

Circle
your choice
below each
quote.

03

Discuss with
each other
which one
you chose and why.



A lonely man is not one who does not know any- body, but a man whom nobody knows.

(1) Disagree

(2) Somewhat agree

(3) Agree

(4) Strongly Agree



Brotherhood takes a man to a place, he will not go to on his own.

(1) Disagree

(2) Somewhat agree

(3) Agree

(4) Strongly Agree



Men who seek to know God's will, must seek men who know God well.

(1) Disagree

(2) Somewhat agree

(3) Agree

(4) Strongly Agree

□ STEP 4: PRAYER

Pray and ask the Holy Spirit to give you the courage, words, and desire to become a true friend to another man and to develop a relationship built on Christ and His love.

Want more?

This 4 week study is adapted from the 8 week curriculum by Men's Pastor, Scott Caesar entitled The Mission-Driven Man - Set Free to Live Free. This curriculum is designed for groups of any size ranging from a large men's groups, small group, or just a couple of guys who want to grow closer in their walk with Jesus. For more information on how to order the curriculum visit the link below:

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EPISODE 2

S.E.A.L. TEAM™

A BAND OF BROTHERS

With Scott Caesar, Men's Pastor

THE VIDEO BIBLE STUDY

STEP 1: WATCH



 Click on the video link below to watch the video for this episode.

 <https://www.youtube.com/watch?v=kAZ4D2eol8I>



Pray and ask the Holy Spirit to reveal to you the things He wants you to see from the Bible verses below. Read the verses and write two words from each passage that come to mind.

STEP 2: READ

- 1 Thessalonians 5:11 _____, _____
- Hebrews 3:13 _____, _____
- Romans 15:14 _____, _____
- Romans 12:10 _____, _____



☐ STEP 3: REFLECT AND DISCUSS

Take 5 Minutes alone to reflect on the questions below.

Think of a time when you were discouraged.

Did you have another Christian man who encouraged you? **Yes or No?**

What man (if any) in your life today could you share your discouragements with?

Maybe write down the man's name:

Can you think of a time when you have been an encourager to another man? Yes or No?

If yes, write down this man's name:

S.E.A.L. Team™ is an acrostic name representing **4 ways** a man loves another. Can you remember what each letter stands for?

S. _____
E. _____
A. _____
L. _____

For 2 or more men: Discuss with each other which of the 4 steps to friendship means the most to you and why.

☐ STEP 4: PRAYER

Pray and ask the Holy Spirit to build in you a need and desire to be an encourager and friend to another man. Pray for God to reveal what man in your life, who may be going through a difficult or discouraging time, that you might be able to be an encouragement to him?

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EPISODE 3

S.E.A.L. TEAM™

CODE OF HONOR

With Scott Caesar, Men's Pastor

THE VIDEO BIBLE STUDY

STEP 1: WATCH



 Click on the video link below to watch the video for this episode.

 <https://www.youtube.com/watch?v=nP5Zq-Qy1P0>



STEP 2: READ

Pray and ask the Holy Spirit to reveal to you the things He wants you to see from the Bible verses below. Read the verses and write two words from each passage that come to mind.

- Proverbs 11:14 _____
- Matt 18:19 _____
- Amos 3:3 _____
- Ecclesiastes 4:9-10, 12 _____



☐ STEP 3: REFLECT AND DISCUSS

Which of the first three (3) S.E.A.L. Team Codes was most meaningful to you. Circle one.

- S.E.A.L. Code 1 - Count the Cost: Commitment
- S.E.A.L. Code 2 - Not Easily Broken: Quantity & Quality
- S.E.A.L. Code 3 - Hold the Line: Vertical Leadership

Why did you choose that Code? Write down a few words here.

Discuss: If with a group share with each other which one you chose and why.

☐ STEP 4: PRAYER

Pray and ask God to speak specifically to you through His word or through another brother this week. For “men who seek to know the will of God must seek men who know God well”. Maybe write down some of your thoughts you feel may have been impressed upon you.

Want more?

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EPISODE 4

S.E.A.L. TEAM™

CODE OF HONOR

With Scott Caesar, Men's Pastor

THE VIDEO BIBLE STUDY

STEP 1: WATCH



 Click on the video link below to watch the video for this episode.

 <https://www.youtube.com/watch?v=i479ekFLSNM>



Pray and ask the Holy Spirit to reveal to you the things He wants you to see from the Bible verses below. Read the verses and write two words from each passage that come to mind.

STEP 2: READ

Galatians 6:1-2 _____, _____
Hebrews 13:17 _____, _____
James 5:16 _____, _____
Proverbs 20:5 _____, _____



□ STEP 3: REFLECT AND DISCUSS

S.E.A.L. Code 5: The Gift of Accountability

Mature manhood does not come with age, but with the acceptance of responsibility and agreement to accountability. A S.E.A.L. Team™ is sustained by brothers who hold each other accountable, yet dwell in acceptable, relatable, and sustainable Christ-like relationships

Why is accountability the gift every man needs but few men want?
Why do so many men tend to avoid it? Write down one reason that comes to mind.

Discuss: If with a group share what you wrote down and why you feel that way.

□ STEP 4: PRAYER

Pray and thank God for speaking specifically to you through His Word these past 4 Episodes. Ask Him to provide 2-4 other brothers to consider as candidates for your S.E.A.L. Team™.

For our Lord and King!
Scott Caesar, Men's Pastor MDN

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